

Senior Meals and Services	<b>Noon Meal Calendar</b>  <b>Devils Lake 662-5061 New Rockford 947-5378</b>				Month of <b>May 2022</b>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Crackers 2 Fish Sandwich / Bun Green Beans Dinner Salad / Dressing Mixed Fruit Sauce	3 French Dip / Bun Potato Salad Grape juice Fresh Fruit or Sauce	4 Hamburger Gravy / over a Biscuit Mixed Veggies Pear Sauce	5 Pork Chop Boiled Potatoes LS Veggie Fresh Fruit or Sauce	6 Chili (1 cup) Crackers Yogurt Fresh Fruit or Sauce	
9 Chicken & Dressing Casserole / Gravy Mashed Potatoes LS Veggie / Fruit or Sauce	10 Swedish Meatballs Mashed Potatoes/Gravy LS Veggie Pear Sauce	11 Egg Salad Sandwich Dinner Salad / Dressing Carrot Sticks / Juice Cookies	12 Baked Steak / Gravy Mashed Potatoes Cooked Carrots Fruit Sauce	13 Grilled Chicken on a bun Toppings Hash Browns Peach Sauce	
16 Taco Bake Hotdish Country Trio Mixed Fruit Sauce	17 Oven Omelot Diced Browned Potatoes Green Beans Muffin w/fruit	18 Hot Beef Sandwich Mashed Potatoes/Gravy Mixed Veggies Fruity Dessert	19 LS Ham Augratin Potatoes LS Veggie Fruit Salad	20 Homemade Tomato Soup Tuna Salad Sandwich Fresh Fruit or Sauce	
23 Swiss Steak Mashed Potatoes/Gravy Green Beans Fruit Cocktail	24 Tater Tot Casserole Squash Tossed Salad/Dressing Fresh Fruit or Sauce	25 Sloppy Joe (Pasta) Casserole Cooked Baby Carrots Pear Sauce	26 Chef Salad greens, meat, cheese, peppers, tomato, hard boiled egg, carrots, dressing, muffin	27 Chicken on a stick Tater Tots Coleslaw Fresh Fruit or Sauce	
30 Memorial Day Senior Meals & DL Transit Closed	31 Mini Hot Dog on a bun Hash Browns Baked Beans Peach Sauce	Chicken Parmesan Scalloped Potatoes Corn O'Brien Tropical Sauce	Spaghetti & Meat Sauce Tossed Salad/Dressing Peas / Garlic Toast Fresh Fruit or Sauce	Pizza Burger / Bun Corn Macaroni Salad Apple Sauce	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Food requiring refrigeration is not allowed to leave the meal site.		AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$4.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registraion form must pay \$12.40.	